

SEA CLIFF YACHT CLUB
FROSTBITE FLEET 517
2005-06 SAILING INSTRUCTIONS

1. The racing will be governed by The Racing Rules of Sailing (RRS), the prescriptions of USSA, and the rules of the Sunfish Class (except as any of these are altered by these sailing instructions.)
2. The first race each non-regatta day of frostbiting will start as close to 1 PM as possible. No races shall be started after 3:30 PM. Races will be sailed back to back. The time limit for each race is 1 hour. There is no maximum number of races on any day.
3. Races will be started using Appendix Q (Sound-Signal Starting System) or a modified Appendix Q as follows:

Warning Short blasts to bring attention to starting sequence
Preparatory 1 long 1 minute
3 short 30 seconds
2 short 20 seconds
1 short 10 seconds
1 short 5 seconds
1 short 4 seconds
1 short 3 seconds
1 short 2 seconds
1 short 1 second
Starting 1 long 0

4. The course and the marks to be used will be hailed by the Race Committee.
5. The starting (and finishing) line shall be between the mark indicated by the race committee and the race committee boat person or the race committee may set two marks for the two ends of the line and sight the line from the dock. The race committee may set a second starting line for purposes of handicapping certain fleet members.
6. All signals (i.e. Postponement, General Recall, etc.) will be made verbally by the Race Committee.
7. The 720° Turns Penalty rule (44.2) is amended to read that rather than doing TWO 360° turns a boat may do just ONE 360° turn that includes one tack and one gybe.
8. The Low-Point Scoring System will be used (rule A4) to calculate daily scores. Series scores will be calculated using the low point average for those sailing 51% or more of the series races. Redress will be awarded at the discretion of the race committee. The Fall Series will be November & December sailing days; the Winter January and February sailing days; and the Spring Series will be March and April sailing days. The Season Series will include ALL sailing days. Regattas will be included. Each sailor may throw-out any number of races providing the total number to be scored is 51% or more of those sailed in the series.