



**Sample Friday Night Dinner Menu**  
**Menus change periodically for member's enjoyment**

**Appetizers**

**Mixed Green & Citrus Salad**

*Shaved fennel, french beans, radish,  
almonds, citrus dressing*

**Classic Caesar Salad**

**Mixed Green Salad**

*Herb goat cheese, apples, candied pecans,  
roasted beets, champagne vinaigrette*

**Crispy Crab Cake**

*Apple cabbage slaw*

**Tempura Rock Shrimp**

*Sweet chili sauce*

**Steamed Mussels**

*White wine or spicy tomato*

**Sides**

Mashed Potatoes  
Vegetable Sauté

**Entrées**

**Grilled Skirt Steak**

*Garlic green beans, mashed potatoes*

**Roasted Natural Chicken Breast**

*Marsala mushroom pan jus, mashed potatoes*

**Herb Crusted Salmon**

*Baby spinach, Israeli couscous, tarragon burre blanc*

**Blackened Mahi Mahi**

*Caramelized fennel, diced potato*

**Lobster & Mussel Linguini**

*Baby spinach, roasted tomato cream*

**Desserts**

Fresh Strawberries /Mango Sorbet  
Chocolate Peanut Butter Tartufo  
Brownie Sundae / Vanilla Ice Cream

Espresso and Cappuccino